



*people matter*

# TRAUMA SYSTEMS THERAPY

TUES AND WED OCT 1ST-2ND  
9:00AM-2:30PM EACH DAY  
KVC BECKLEY OFFICE  
3872 ROBERT C. BYRD DRIVE  
BECKLEY, WV 25801

\$80 PER PERSON PER DAY  
NINE SOCIAL WORK AND LPC CEUS



# Objectives

Participants will be able to:

- Describe what trauma is and the effects on children
- Understand how a child's trauma history affects his or her behavior in your home
- Develop strategies for addressing a child's patterns
- Develop skills to understand children's signals of distress, help them regulate their emotional states, and use restorative discipline
- Provide children with signals of safety that match their strengths

## To Register:

Contact Robin Atkinson: [ratkinson@kvc.org](mailto:ratkinson@kvc.org). Twenty-four hour cancellation required for refund. All grievances are to be addressed to Robin Atkinson. The fee of \$80 per day may be paid in cash or check (made to KVC) on day of training.

Visit [westvirginia.kvc.org](http://westvirginia.kvc.org) or call 304-347-9818 for more information

# Presenters' Information

Robin Atkinson is a Training and Development Specialist for KVC West Virginia. She has 21 years of experience in the behavioral healthcare field and began her career working with the MRDD population and at-risk families. In 1998, she was appointed as a Therapeutic Foster Care Coordinator with Action Youth Care. She began her employment with KVC in 2001 as a Family Service Specialist.

In 2003, she was appointed as Foster Care Coordinator for a five county area. She worked on recruitment and retention of foster homes in this area. In 2016, she was appointed as the Training and Development Specialist for KVC West Virginia. Today, she supervises over the foster care intake team, develops and presents training curriculums for foster parents and staff, and assists the foster/adoptive care team in numerous tasks. She conducts monthly orientation training for new staff and organizes/oversees most training regimes for KVC.

In 2009 and 2012, KVC honored Ms. Atkinson with the Leader of the Year award from the Alliance for Children Conference. Ms. Atkinson holds a Bachelor's in Psychology from Marshall University and a Master's of Social Work with specialization in Community Organization and Social Administration practice from West Virginia University. She is a Licensed Graduate Social Worker in the state of West Virginia.

Ms. Atkinson is a trainer on many different topics. Trauma Systems Therapy, MANDT, Positive Parenting with a Plan, ASAP 20, CPR/First Aid, ALiCE, PRIDE, Ethics, Foster Care, Away from Supervision, and Domestic Violence to name a few.

In her spare time, she enjoys spending time with her husband and three children, traveling, and watching sporting events.

# Presenters' Information

Tiffany Mullens is a Supervisor/Therapist for Logan, Lincoln, and Wayne Counties. She started working for KVC initially in September 2001 as a Clinical Team Leader. In October 2008, she transitioned into the Home Finder Position where she trained and licensed foster parents and foster homes, completed home studies, and adoptions. In January of 2018, she was promoted to her current position as a Supervisor for Permanency Case Managers in Logan, Wayne, and Lincoln Counties. She practices therapy in Wayne County for KVC.

Tiffany grew up in Wayne County and continues to reside there. She received her Bachelor's degree in Psychology from Marshall University and her Master's of Social Work degree from University of New England. She has obtained her LGSW and is currently accruing training hours to become a Registered Play Therapist. Tiffany is also a certified trainer in Trauma Systems Therapy, MANDT, PRIDE, and CPR/First Aid.

Tiffany reports she enjoys helping children in families in her home county. In her leisure time, she enjoys spending time reading, going to movies, and spending time with her three children.

# Presenters' Information

Brittany Sponaule is a Permanency Supervisor for KVC West Virginia. She has five years experience working in the social work field. Prior to KVC, she worked for Valley Healthcare Systems as a Service Coordinator, working with the homeless and mentally ill population in Fairmont, WV. She has also worked as a Service Provider through WellTree, teaching parenting classes and adult life skills to biological parents whose children had been removed from their care.

Brittany joined KVC in March 2015. As a Home Finder, she helped recruit and train new foster parents. She also did adoptions for children being adopted by KVC families. She has been promoted to Permanency Supervisor.

Brittany holds a Bachelor's Degree in Behavioral Science from Glenville State College and a Master's of Social Work from West Virginia University. She is a Licensed Graduate Social Worker in the state of West Virginia.

# Presenters' Information

Sara Wyer, M.A., is the Regional Director for the Jackson, Roane, Lincoln, and Wood county areas. She is a Licensed Psychologist in West Virginia. Mrs. Wyer completed her Bachelor's of Arts Degree at West Virginia Wesleyan College in 1996, with a double major in Psychology and Sociology. She went on to complete her Master's of Arts Degree in Clinical and Child Psychology in 1998, at Marshall University Graduate School. In addition to several years of experience working at a community mental health center and in private practice, Mrs. Wyer has done related work for Birth to Three, Head Start, and Disability Determination Section. She joined KVC in November 2007 as a full-time licensed psychologist, serving clients primarily in Jackson, Roane, and Mason counties. In July 2011, she assumed the role of Director of Clinical and Psychological Services, and is now providing supervision and training to other Master's-level and Bachelor's-level staff.



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# Trauma Systems

## Therapy Schedule Day 1

9:00- Welcome, Registration, Introductions

9:00-10:45-Module 1-Describe what trauma is and it's effects on children.

10:45-11:00- Break

11:00-12:00-Module 1- Understand how a child's trauma history affects his or her behavior in your home.

12:00-12:30- Lunch

12:30-1:30- Module 2- Complete a moment-by-moment assessment.

1:30-1:45- Break

1:45-2:30- Module 2- Explain how a child's environment can trigger traumatic memories and contribute to revving or re-experiencing.

2:30- Questions/evaluations

# Trauma Systems

## Therapy Schedule Day 2

9:00- Welcome, Registration, Introductions

9:00-10:45-Module 3- Develop skills to understand children's signals of distress, help them regulate their emotional states, and use restorative discipline.

10:45-11:00- Break

11:00-12:00-Module 3- Improve your ability to respond to children during times of redirection, correction, and discipline.

12:00-12:30- Lunch

12:30-1:30- Module 4- Learn about key TST components, such as the child's team, the assessment and planning process, and stage-based interventions.

1:30-1:45- Break

1:45-2:30- Module 4- Recognize the symptoms of and protect against secondary traumatic stress.

2:30- Questions/evaluations